

TOWARD A CLEAR UNDERSTANDING OF HEART AND HEAD

The following are key DK/AAB quotations on the heart, head, and their relation.

<http://tinyurl.com/qjoxbwc> (lucistrust.org)

"Mental development is emphasised in order that the disciple may be intelligent, analytical (but not critical) and in possession of a rich, well-organised mental equipment. The head and the heart are regarded as of equal importance and as equally divine."

"Why people should think that an emotional, strong feeling, sentient, perceptive person is less important than the mental type is another thing that has bewildered me. Nobody can exist without their heart or their head and the true occult student is a combination of both."

"It is the balance of head and heart that is required, and the intellect must find its complement and expression in and through love. This needs a most careful re-proclaiming. Love and sentiment and devotion are often confused with each other. Pure love is an attribute of the soul and is all-inclusive, and it is in pure love that our relation to God and to each other consists."

"Let the forces of the head and heart and all the nether aspects blend."

"True knowledge is intelligent love, for it is the blending of the intellect and the devotion. Unity is sensed in the heart; its intelligent application to life has to be worked out through knowledge." D.K.

In your meditation seek to keep the whole process in the head and remember that for you the problem is to become an "extrovert of the heart type" instead of being, as you are, an "introvert of the head type."

"Mind and heart must be coordinated and brought into play when the great reversal takes place."

"Only, in fact, can the man apprehend the underlying truth whose two head centres and his heart centre form a triangle of flowing energies."

"In the truly illuminated man, we have that rare combination of the mystic and the knower; we have the product of the mystical methods of the East and of the West; we have the union of head and heart; of love and the intellect. This produces what, in the Orient, is called the Yogi (the knower of union) and, in the Occident, is termed the practical mystic — which is our rather unsatisfactory way of designating that mystic who has combined the intellect with the feeling nature, and is, therefore, a co-ordinated human being — with brain, mind and soul functioning with the most perfect unity and synthesis."