

## Psychic Attack and Protection

(Letter to RSW) “Those disciples who work today in the world and do so consciously in order to aid the Christ and His mission, come within the protecting aura with which the Head of the Hierarchy at all times surrounds certain work undertaken by the Hierarchy in connection with our planet.

This work of preparation for His coming is curiously **fraught with danger** because of the immense and constant antagonism it arouses (and is arousing increasingly) in the opposing forces of evil.

The main attack of these forces is upon disciples and particularly those in a position and at the point in evolution where they can act with potency and greatly help in the task of reaching others. This you can do, and along with all disciples are, therefore, marked "for protection," as it is esoterically called.

This does not mean that you will be free from attack and—because you are a disciple—attack on all three bodies simultaneously, but it means that such attack will arouse in you no fear.

Remember always, brother of mine, that it is fear that permits the entry of wrong potencies, and that such an attack may not be aimed at your weakest point but preferably at your strongest; it is there where disciples are often caught unawares and thus suffer a temporary setback.” (*Discipleship in the New Age II*, Alice A. Bailey. p.748.)

(Letter to FCD) “I would ask you—as far as you possibly can—to **insulate yourself from fear** and from the effect of the world situation and its allied problems. The future for you is planned and you can take the right steps through the power of your illumined mind.

I would ask you to carry forward this insulation along the line of love, using the ancient method which has been called "the wheel of living fire which burns not but ever heals." This method is occult and safe and constitutes no barrier to relationships as does the building of a separative wall. The method is as follows:

**See before you a wheel of fire with seven spokes.** See it immediately before your eyes. Then, by an act of the creative imagination, see yourself standing in the centre at the hub of the wheel; there regard yourself as if you were that hub.

From that central position, send out the seven streams of living love, radiating upon the world. When you do this you serve and are, at the same time, completely protected. This exercise can be come instantaneous and effective. It generates a protective force and at the same time makes you a living centre of light and love.

Be not distressed, my brother, but in calmness and in peace pursue your way. There is no life, at this time, without its difficult lot to bear, and what matter what it is? Love all. Serve all.

Preserve your mental integrity and be not influenced by those whose hearts are bitter or whose tongues are cruel. Life is initiation and for this you are prepared. The crises in the life of the soul work out along certain lines as major initiations. I am here giving you a hint. For this too you are, as you know, being prepared. I stand behind you with understanding and with strength. I give you my blessing, my brother.” (*Discipleship in the New Age I*, Alice A. Bailey. p.156.)



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**“A third class of fears—which aspirants contact more and more** as they grow in strength and usefulness in service—is based on the realisation of the forces that are working against the Plan and hindering the work to be done.

Occult attacks and occult powers, warring militantly against the aspirant will occur; they may make their power felt in one or other of the vehicles and—in rare cases—where the aspirant is important enough, on all at once. Sometimes they will be attacks directed against the individual worker, sometimes against groups of workers.

To counter them you employ the first method with the following additions and changes. **You link yourself up either as an individual or forming one of a group** with your own soul and with the Lodge of Masters, not simply with your own Master, but with the Brotherhood for which you are working.

Then when stillness has been achieved, you visualise those Masters of whom you know, and raising your vibration higher still, you connect up, if possible, with the Chohans, with the Christ and the Manu, according to the line, religious or political, with which you may be working, and along which the attack will come.

You then pour through the linking chain, and through all the vehicles, a stream of violet light. This method is only for use when the need is dire and the necessity great. The reason for caution lies in the etheric vehicle, which responds most violently to the colour violet.” (A Treatise on White Magic, Alice A. Bailey. p.346.)